


Assessing treatment effect heterogeneity in observational studies

Epid 765: Intro to Pharmacoepidemiology

Slides adapted from Michele Jonsson Funk, PhD




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Outline


- Motivation
- Common approaches to assessing HTE
- Cautionary tale regarding use of interaction terms
- Absolute vs relative measures
- Conclusions



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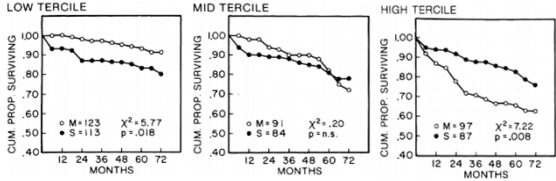
The search for treatment effect heterogeneity


- Identify patients in whom the expected benefit and/or harm of treatment are meaningfully different than in the average patient
- Broadest: indication/contraindication
- Within these subgroups often defined by:
 - Sex, age, race/ethnicity
 - Concurrent medications, comorbid conditions, stage of disease, background risk of the outcome
 - Genetic variation
- Increased interest in machine learning/AI: precision medicine, personalized medicine



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Qualitative Heterogeneity: Medical vs. Surgical Management of Coronary Artery Disease by Tertiles of Predicted Risk of Mortality

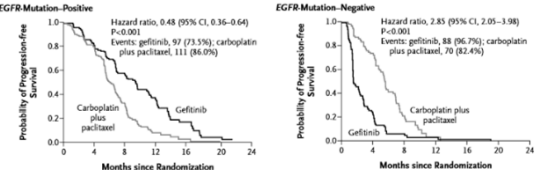





Detre et al, Circulation 1981

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Qualitative Heterogeneity: Gefitinib vs. Carboplatin plus Paclitaxel in Pts. With Advanced Lung Cancer by Genetic Factor

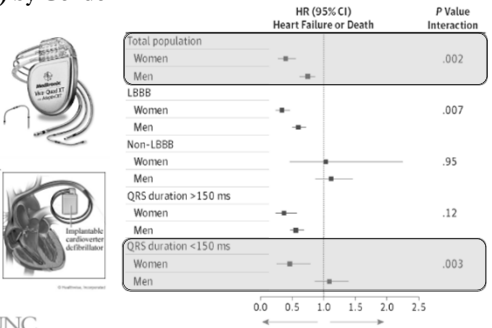





Mok TS et al, NEJM 2009

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Quantitative Heterogeneity: Cardiac Resynchronization Therapy (CRT) vs. Implantable Cardioverter Defibrillator (ICD) by Gender



	HR (95% CI)	P Value Interaction
Total population		
Women	0.65 (0.48-0.88)	.002
Men	1.15 (0.85-1.55)	
LBBB		
Women	0.65 (0.48-0.88)	.007
Men	1.15 (0.85-1.55)	
Non-LBBB		
Women	1.05 (0.75-1.45)	.95
Men	1.05 (0.75-1.45)	
QRS duration >150 ms		
Women	0.65 (0.48-0.88)	.12
Men	1.15 (0.85-1.55)	
QRS duration <150 ms		
Women	0.65 (0.48-0.88)	.003
Men	1.15 (0.85-1.55)	

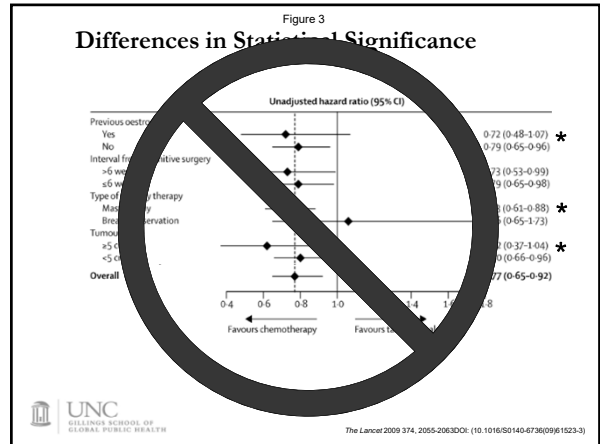


Zusterzeel R et al, JAMA Intern Med. 2014;174(8):1340-1348.

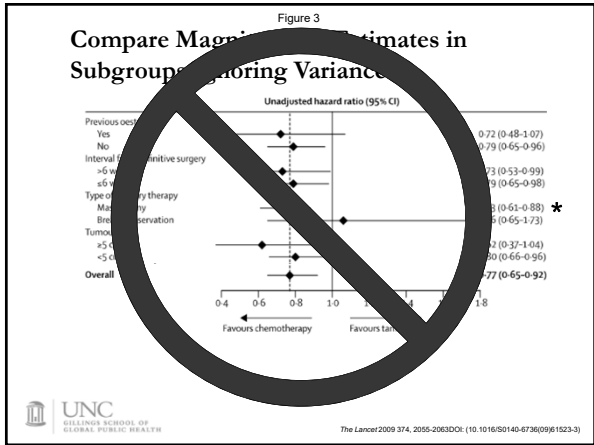
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Common Approaches to Assessing HTE

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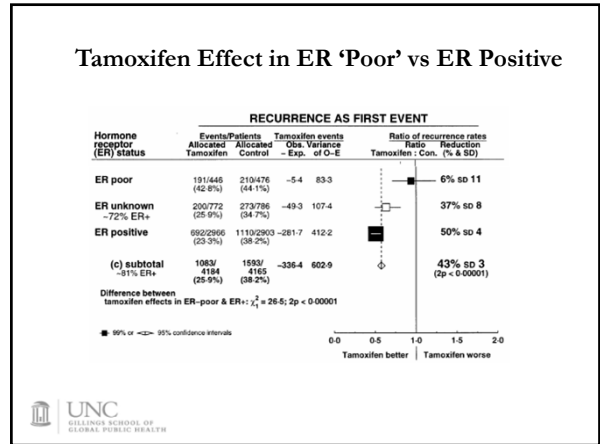
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- ### Evaluating HTE With Interaction Terms
- Primary analysis
 - Main effects only
 - Considering possible heterogeneity
 - Interaction term between main effect of subgroup (e.g. gender) and the treatment (e.g. statin)
 - If $p \geq 0.05$ for interaction term, no evidence of subgroup difference
 - If $p < 0.05$ for interaction term, then subgroups are different and no meaningful summary effect estimate
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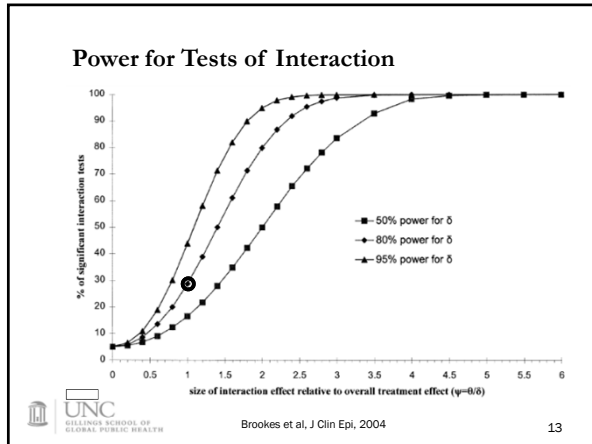
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- ### Errors in Assessment of HTE
- False Positive (Type I error)
 - Finding evidence of heterogeneity when effects are homogeneous
 - Historically of greatest concern
 - Tests of interaction have expected Type I error rate (5% given $\alpha=0.05$) (Brooks et al, J Clin Epi 2004)
 - False Negative (Type II error)
 - Failing to detect heterogeneity that is present
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Statistical Significance of Interaction Terms

- A function of sample size and effect size
 - Small differences significant in large samples
 - Large differences non-significant in small samples
- Low power relative to overall study
 - Report all estimates with CIs to contribute to the eventual meta-analysis

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Interaction Terms and Potential Residual Confounding

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DAGs for primary analysis and interaction by Z

Primary analysis
Estimate effect of E on Y, adjusted for C

HTE analysis
Interaction term to allow the effect of E on Y to differ by levels of Z (subgroup, a potential effect modifier)

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Effects of Confounder May Differ by Z

Among Z=0
C is a strong risk factor for Y

Among Z=1
C is a weak risk factor for Y

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Are Subgroup Effect Estimates Adequately Adjusted for C?

True effects of C on Y within strata of Z

Subgroup estimates based on outcome regression model with Z*E interaction term

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Illustration with simulated data

	Overall	Z=0	Z=1
Crude	3.07 (3.00, 3.14)	3.28 (3.17, 3.39)	2.89 (2.80, 2.99)
Adjusted for Z	0.99 (0.95, 1.04)		
Z*E interaction term		1.16 (1.10, 1.23)	0.86 (0.81, 0.91)
Stratified by Z		1.01 (0.95, 1.07)	0.98 (0.92, 1.04)

† All adjusted for main effects of baseline covariates

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Recommendations

- Check covariate balance within subgroups
- Check stability of effect estimates between interaction-based assessment vs subgroup specific models
 - Examine parameter estimates from outcome regression or PS models for clues
- Not limited to non-experimental studies
 - Small subgroups in experimental studies may not be exchangeable and therefore confounded

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Relative vs Absolute Effects

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Conventional Wisdom: RD is Inherently More Heterogeneous Than RR (OR)

TABLE 1. Results of RD and OR Homogeneity Tests in Three Meta-meta-analyses

	Engels et al. ¹⁵	Sterne and Egger ¹⁶	Deeks ¹⁷
Number of meta-analyses	125	78	551
Homogeneity test alpha (%)	5	5	10
RD homogeneity rejected (%)	47	35	34
OR homogeneity rejected (%)	-35	-20	-22
Difference (%)	12	6	12
Only RD homogeneity rejected (%)	14	3 ^a	13
Only OR homogeneity rejected (%)	2	8 ^a	1
Both rejected (%)	33	27 ^a	21
Neither rejected (%)	+50	+63 ^a	+65
Overall test concordance (%)	83	90 ^a	86

Poole, Shrier, VanderWeele, Epidemiology, 2015.

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Challenging Conventional Wisdom

- Results from meta-meta-analysis don't consider differences in the power of tests
- Scenarios can be constructed in which the power of the test of homogeneity is greater for RD or for OR when both are heterogeneous
- Unclear how to measure the magnitude of heterogeneity on 3 scales (RR, OR, and RD)
- Difficult to claim that RD is inherently more heterogeneous given the lack of evidence

Poole, Shrier, VanderWeele, Epidemiology, 2015.

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Reporting Absolute Effects to Address Benefit/Harm and Support Clinical Decision Making

Oxybutynin (Ditropan[®])

Benefits

About 1 out of 10 women became continent using this medicine.

About 2 out of 10 women improved their symptoms using this medicine.

Side Effects

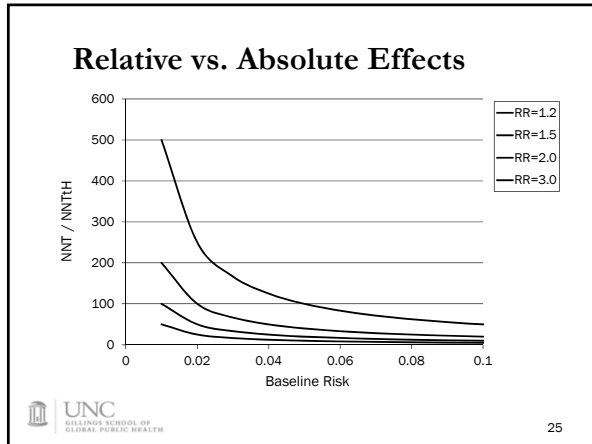
About 3 to 4 out of 10 women had dry mouth using this medicine.

About 1 out of 10 women had an upset stomach using this medicine.

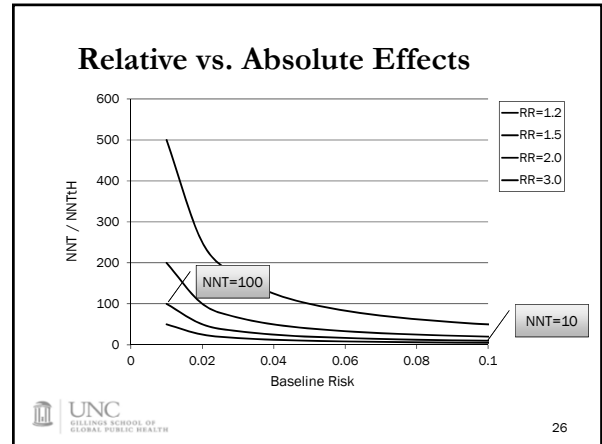
Constipation: No difference from women taking a placebo (sugar pill).

Nonsurgical Treatments for Urinary Incontinence in Adult Women: Diagnosis and Comparative Effectiveness, April 2012.
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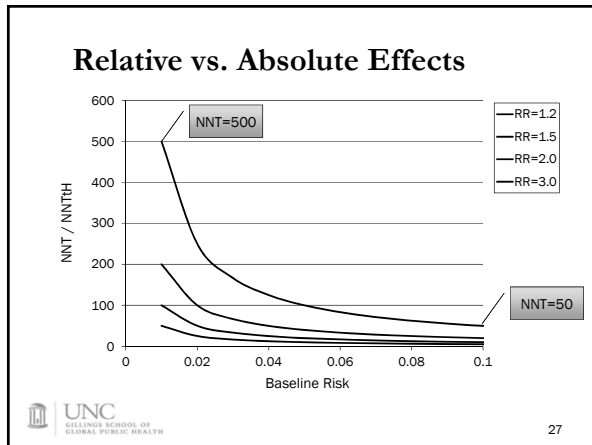
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The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812 FEBRUARY 16, 2006 VOL. 354 NO. 7

Calcium plus Vitamin D Supplementation and the Risk of Fractures

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Hip fracture, analysis of HTE by age

Group	Annualized risk (%)		HR (95% CI)
	Calcium+ Vit D	Placebo	
Overall	0.14	0.16	0.88 (0.72-1.08)
Age (yrs)			
50-59	0.06	0.03	2.17 (1.13-4.18)
60-69	0.09	0.13	0.74 (0.52-1.06)
70-79	0.44	0.54	0.82 (0.62-1.08)

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Testing HTE of the Risk Differences

Cochran's Q
Likelihood ratio (LR)
RERI (derived from RR)
Wald

See Schmidt et al, J Clin Epi 2014, Supplemental material, Appendix 1

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Estimating Risk Differences

- Uniform follow-up
 - Log-binomial or Poisson (Spiegelman AJE 2005)
- Censored outcomes/time-to-event
 - Difference in the cumulative incidence at time t
 - Survival curves adjusted via weighting or matching
 - Robust variance or bootstrapping for CIs

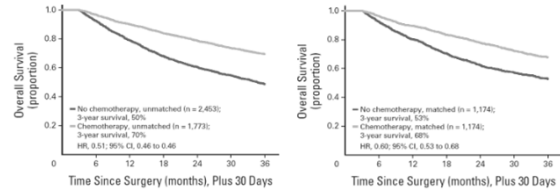


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Adjusting survival curves

- PS Matching or Weighting



Sanoff et al, J Clin Onc 2012 32

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Conclusions

- Important subgroup differences exist
- Apply statistical criteria with care
- Estimate and report overall and subgroup effects
- Beware residual confounding
- Evaluate HTE on the absolute scale in addition to the relative scale



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